

GRAB N GO Virtual Menus for October 2020

Montgomery Public Schools

This institution is an equal opportunity provider.

KIDS! Join us daily for the original value meal!

All of our complete meals are always

NO CHARGE for all students

with no need to submit an application, thanks to the Community Eligibility Program!

Monday

Breakfast
Cereal, Fruit,
Milk

Lunch
Chicken Fajita
Black or Pinto
Beans
Fruit
Milk

Tuesday

Breakfast
Pancakes w/Syrup,
Fruit, Milk

Lunch
Baked Chicken
Black Eye Peas
Yams
Roll
Fruit

Wednesday

Breakfast
Egg & Cheese
Croissant, Juice,
Milk

Lunch
Hamburger w/
Lettuce, Tomato,
Pickle
Potato Wedges
Fruit
Milk

Thursday

Breakfast
Donut, Fruit,
Milk

Lunch
Deli Sandwich
Chips
Veggie Cup
Fruit
Milk

Friday

Breakfast
Cereal Bar, Juice,
Milk

Lunch
Chicken Wrap
Baby Carrots
Fruit
Milk

Saturday

Breakfast
Cereal, Fruit,
Milk

Lunch
Deli Wrap
Veggie Cup
Fruit
Milk

Sunday

Breakfast
Cereal Bar, Juice,
Milk

Lunch
Chicken Noodle
Soup w/ Breadstick
Green Beans
Fruit
Milk

Monday

Breakfast
Sausage Biscuit,
Fruit, Milk

Lunch
Corn dog or
Hotdog
Sweet Potato Fries
Fruit
Milk

Tuesday

Breakfast
Cereal Bar, Fruit,
Milk

Lunch
Beef Spaghetti w/
Breadstick
Seasoned Corn
Fruit
Milk

Wednesday

Breakfast
Breakfast Pizza,
Juice, Milk

Lunch
Hot pocket or Pizza
Celery Sticks w/ Dip
Fruit
Milk

Thursday

Breakfast
Pop tart, Fruit, Milk

Lunch
Chicken Salad
Croissant
Veggie Cup
Fruit
Milk

Friday

Breakfast
Waffles w/ syrup,
Juice, Milk

Lunch
Wow Butter
Sandwich w/ Cheese
Stick
Baby Carrots
Raisins
Fruit
Milk

Saturday

Breakfast
Cereal, Fruit,
Milk

Lunch
Chef Salad w/
Breadstick
WG Cookie
Fruit
Milk

Sunday

Breakfast
Cereal Bar, Juice,
Milk

Lunch
Deli Sandwich
Veggie Cup
Fruit
Milk